

ICD Youth Club 赴帛琉參訪交流計畫報告書

日期：2025年4月2日-4月5日

活動名稱：

2025 1st International Cooperation and Development Youth Club — Leadership Palau Delegation

地點：帛琉

主辦單位：ICD Youth Club（國際合作與發展青年社）

協辦單位：國合會TaiwanICDF、中華民國駐帛琉大使館

成員：四所高中，共22位學生 & 家長10位



一、前言與活動目的

為深化臺灣青年對國際發展合作的理解，本次行程聚焦於觀摩臺灣駐帛琉技術合作成果，推動校際文化交流，並了解當地農業、水產、教育與外交合作的現況。並實際參與永續發展目標（SDGs）的實踐，ICD Youth Club 組成高中生代表團前往帛琉進行為期四日的參訪與交流行程。

二、參訪行程概述

1. 臺灣農技團示範農場（Taiwan Technical Mission Demonstration Farm）

- 參訪位於帛琉恩吉魯穆杜州的示範農場，由台灣農技團經營
- 實地觀察芋頭水田種植技術、節水灌溉系統與有機肥料使用
- 學生實地操作插苗體驗，學習如何在熱帶地區克服土壤與氣候挑戰
- 討論農業技術如何提升糧食自主與當地經濟

2. 帛琉當地小學交流活動

- 前往Geroge B. Harris小學，進行半日文化交流活動
- 進行UN-SDGs 之永續發展與文化主題的活動與趣味遊戲
- 捐贈帛琉當地7所小學廚房設備-微波爐7台
- 贈送ICD Youth Club義賣設計之上衣和帆布包
- 介紹台灣傳統零食點心、小玩具和遊戲



3. 中華民國駐帛琉大使館

- 非常榮幸有機會與駐帛琉大使- 黎倩儀大使，進行圓桌會談
- 學習外交人員的工作內容與台帛雙邊合作歷史
- 討論國際青年在公共外交上的角色與可能性
- 參觀大使館館舍與相關文化設施



4. 水產養殖中心參訪 (Palau Aquaculture Development Center)

- 了解帛琉海洋資源永續利用與魚苗繁殖技術
- 實地觀察石斑魚、海蔘、草蝦和各式養殖水產等的人工繁殖與飼養過程
- 學生與技術人員互動，了解台灣在水產育種上的貢獻
- 討論氣候變遷對海洋生態與漁業的長期影響

帛琉參訪行程

上午：台灣農業技術合作團示範農場 (Taiwan Technical Mission - Taiwan Farm)

08:30-09:30 技術團示範農場導覽

09:30-11:00 農場蔬果採收、芋頭田種植體驗、農場植物解說、特色農園美食、大合照

11:00-11:40 自農場前往George B. Harris小學

中午：George B. Harris小學交流

11:40-12:20 學校餐廳營養午餐、場地佈置

12:20-13:40 和小學互動交流、UN-SDGs & 互動遊戲

下午：拜會帛琉大使館

13:40-14:10 台灣駐帛琉大使館— 拜會黎倩儀大使，圓桌會議簡報和授證

下午：參訪水產中心 Palau National Aquaculture Center

14:30-15:20 水產中心導覽

15:20-15:35 沿岸漁業資源管理計畫簡報

15:35-16:05 臭肚魚苗放流

16:05-16:20 品嚐帛琉在地海鮮小點

台灣農業技術合作團示範農場 (Taiwan Technical Mission - Taiwan Farm)

- 技術團示範農場導覽、農場蔬果採收
- 芋頭田種植體驗、農場植物解說、特色農園美食、大合照

Annabelle H.的日誌：

一早抵達農場後，映入眼簾的是遼闊佔地、流暢動線和井然有序的示範農場，讓我暗暗驚嘆。蔡團長還有技師姐姐們熱烈的歡迎我們，桌上已經擺滿了當天農場採收的所有蔬果品種，種類的豐盛讓我們宛如置身台灣的果菜市集，沒想到在帛琉居然可以看到數十種來自台灣的蔬菜和水果，其中印象很深刻是粉紅色的蓮霧、芋頭冬瓜、木瓜、火龍果，還有好多的各色蔬果。蔡團長和農技團的同仁們詳細介紹農技團的歷史沿革，讓我們參訪的第一站就充滿感動！



蔡團長和同仁們很詳細的和我們介紹了台灣和帛琉農業合作的歷史沿革之外，還有目前農場供應著帛琉當地小學80%的蔬果供應量，以及農場的農產品會在假日市集販售，或是饋贈一些當地的慈善團體，看到農場的井然有序和規模，讓身為台灣人的我們覺得好驕傲又與有榮焉。

蔡團長和其他來自台灣的工作同仁在這麼遙遠的帛琉，默默貢獻一己之力，把台灣的陽光帶來帛琉，熱烈地散發燦爛溫暖的友誼光芒！



芋頭田間新體驗：

我們這群都市鄉巴佬孩子，沿著種植輔助線一支支地把洗淨的芋頭苗種在水田中，搭著嬉鬧聲和不實的尖叫聲，我們努力地沿著水平線種完2排，心裡豐沛著成就感和愉悅。

對於我們這些大部分時間都生活在台北都會區的都市小孩來說，脫掉鞋襪拉起褲管，踩進20公分深的芋頭水田中腳踩泥巴，是新奇又有趣的體驗，雖然踩進去田裡的霎那，尖叫聲此起彼落，但是大家很快就愛上這好玩的活動！



芋頭田間新體驗：
蔡團長說，芋頭是帛琉的傳統主食，但是近年來芋頭種植的面積越來越少，農技團的芋頭栽植協助保存著種苗，讓當地有需的農民都可以隨時獲得芋頭種苗。這農場的芋頭田劃分了數個區塊，每塊田裡芋頭苗成熟的時間差，讓農場每個月都有芋頭可以採收。即使目前在台灣，水田的芋頭品種也較少見了，大部分都是採用旱地栽種方式。



在旁邊的灌溉渠道清涼的山泉水中沖洗著我們的泥腳，呼吸著帶點潮濕的溫暖空氣，看著遠山和田埂，我想，不只是我們這些第一次感受農間樂的小孩，同行的大人們也都難得的享受這遠離塵囂，原始又愜意的大自然氛圍。

辛苦蔡團長和技師姊姊們詳盡的解說和協助，希望我們這群童工沒有越幫越忙～ ^ _ ^



偶然相遇的台大園藝系畢業校友-老中青三代，學號相隔20年的美好團聚。



很感恩我們有機會能在國合會TaiwanICDF的協助之下，親身親眼見證了我們台灣的農技團數十年來，在邦交國所投注的心力，為了鞏固友邦情誼，改善友邦朋友們生存環境而所做的努力，這是在教科書上看著圖片所無法體認到的感受，我們如此幸運，在帛琉的山間小路和層山環抱山谷裡，踏進陳釀許久，恬靜卻又震撼的感動中。



蔡團長和當地的帛琉同仁們，超級暖心的準備了豐盛美味的特色農園點心，帛琉式的水果起司西米露，義大利麵和現採有機芭樂和蓮霧，色香味俱全，熱情款待我們這群新科芋頭田小童工們！
開工第一天的芋頭苗種得歪歪扭扭，人美心善的農技團哥哥姊姊們，還不嫌棄的供應了我們童工們這麼好吃的餐點，待遇這麼好，讓我們決定了，以後要來這裡應徵！ ^ __ ^





Taiwan Technical Mission Demonstration Farm

10 公頃的面積，栽種著15種水果和
25種蔬菜，年產35公噸。
提供帛琉當地8所小學，超過1300
位小學生的營養午餐。

在鞏固邦交友誼的路途上，我們有幸能和農技團同頻一日，深刻感受他們的日常脈動。

我們集資募款的一座溫室，很榮幸能錦上添花，此刻我們為農技團的付出而深受感動，期盼在未來，自己也能成為一位讓別人以我為榮的台灣人。



由衷感謝蔡團長和農技團的所有同仁，謝謝您們精心的安排和規劃，給予了我們滿滿的感動～



0403-帛琉小學交流活動 (George B. Harris Elementary School)

- 學校餐廳和小學生一起共進營養午餐、場地佈置
- 和小學互動交流、UN-SDGs & 互動遊戲



我們這次安排互動的小學生們是六年級孩子，每位都開朗大方，大家見面大概一分鐘後就馬上彼此熱略沒有距離感，彼此用英語交流十分融洽。

校長也很熱情歡迎接待我們，我們也致贈了台灣名產鳳梨酥、日月潭紅茶，還有五組我們的義賣紀念衫和環保袋作為感恩回禮。





抵達小學之後我們在操場上立即進行場地佈置，溫馨的營養午餐時光，大家邊聊天邊吃飯，天南地北的閒聊拉近了彼此距離，交換了IG、相約操場上的友誼合照，就像是相識許久的忘年老朋友。

午餐菜單：白飯、鮭魚炒3種混合蔬菜、糖漬水蜜桃切片、白開水。



午餐飯後我們集合在晴雨操場上，說明了闖關遊戲後就正式開始活動。

UN SDGs Game:

我們利用8位Climate Action Superheroes 來進行拯救全球環境挑戰遊戲，在海報的挑戰中挑選一個Global Challenge讓自己手上的英雄屬性來腦力激盪，想出好點子解決Global Challenges。







Booth 1: UN的SDGs遊戲

每人手中顏色小卡上的環保英雄，去對應解決一個對應的全球化議題，腦力激盪提供好點子，並將所有好點子整理出來。







TRUTH TALKER

"Has the facts about climate change and tells others about it"

Why do we need the Truth Talker? The coronavirus has shown how important it is to listen to scientists. People all over the world are searching for information on how to keep safe, stay hopeful and help one another. The same goes for climate change. Scientists have been telling us that climate change is happening due to human activities and that we are on a path that will increasingly hurt the lives, livelihoods and health of people. And scientists also have the solutions to building a more sustainable world. Find out the facts and share them with your friends. Help counter misinformation. And speak up against discrimination and bullying. There's no place for that. We are one human family and need to act together, in solidarity, for a better future for all.

Learn more about why the Truth Talker cares about communication and collaboration and *SDG 17: Partnerships for the Goal* [here](#).



VEGGIE VINDICATOR

"Educates everyone on why to eat – and appreciate – more veggies"

Why do we need the Veggie Vindicator? What we eat, and how that food is produced, affects our health but also the environment. Plant-based foods, such as vegetables, fruits, whole grains, legumes, nuts, and seeds, have a lower environmental impact than animal-based foods such as meat and dairy products. Plant-based foods generally use less energy, land and water, and cause less greenhouse gases. This does not mean you have to become a vegan or vegetarian. A healthy diet is one that provides adequate calories and nutrients from several different food groups. But by shifting to healthy diets that include sustainability considerations you can help the environment. Did you know that food makes up the largest part of a person's water footprint (the amount of water consumed in your daily life), even when compared to taking baths or long showers? The production of one 150 gram beef burger, for example, requires about 2,250 liters of water. A 725 gram cheese-and-tomato pizza requires about 1,216 liters of water.

Learn more about why the Veggie Vindicator cares about world hunger and *SDG 2: Zero Hunger* [here](#).



RECYCLE RANGER

"Knows proper recycling techniques and shows others what items belong in which bin"

Why do we need the Recycle Ranger? Every year, an estimated 11.2 billion tonnes of solid waste is collected worldwide. Where waste cannot be avoided, recycling can help save resources. For example, for every tonne of paper recycled, 17 trees and 50 per cent of water can be saved. And every kilo of plastic that is recycled saves about 814 grams of CO2 emissions. So make sure you put plastic, paper, metal and glass in the recycling bin. Did you know that up to 5 trillion single-use plastic bags are used every year around the world? Besides polluting the ocean and environment, they clog up sewers, kill wildlife and cause irreparable damage to ecosystems. Simply bringing your own bag — and using a refillable water bottle — can seriously reduce the amount of plastic waste in our world.

Learn more about why the Recycle Ranger cares about responsible recycling and *SDG 12: Responsible Consumption and Production* [here](#).



GREEN GUIDE

"Keeps plants healthy and doesn't let them go to waste"

Why do we need the Green Guide? It's time to take care of nature. The foods we eat, the air we breathe, the water we drink and the climate that makes our planet habitable all come from nature. One way to protect nature is to reduce the waste we produce. In nature, there is no such thing as garbage. Everything in nature is reused or recycled. But we live in a throwaway society, and our garbage often ends up in landfills or in the ocean, lakes and rivers. Did you know that one-third of all food produced is lost, wasted, or spoiled? This amounts to a big waste of resources, such as land, water, energy and other inputs needed to produce the food. By reducing food waste, you can save money, reduce greenhouse gas emissions, and help preserve resources for future generations. Buy veggies that don't look perfect — they will otherwise get thrown out. And purchasing local foods that are in season also helps the environment since it reduces the need for transport. Local and seasonal produce tastes better, too — give it a try!

Learn more about why the Green Guide cares about the land we live on and *SDG 15: Life on Land* [here](#).



FASHION FIXER

"Mends, donates and keeps clothing out of landfills"

Why do we need the Fashion Fixer? The fashion industry (clothing and footwear) produces more than 8% of greenhouse gases and 20% of global wastewater annually. Producing clothes requires a huge amount of water. Did you know that it takes about 1,250 litres, or 330 gallons, of water to produce one cotton t-shirt, and about 7,500 litres to make a single pair of jeans — from the production of the cotton to the delivery of the final product to the store? And every second, the equivalent of one garbage truck of textiles is landfilled or burned. But being stylish does not have to be wasteful! By buying fewer clothes, shopping second-hand, or upcycling, i.e. creating new clothes out of old ones, you can save water and reduce waste.

Learn more about why the Fashion Fixer cares about reducing waste and *SDG 9: Industry, Innovation and Infrastructure* [here](#).



WATER WIZARD

"Keeps dangerous plastics from getting into the ocean and makes sure you don't let water go to waste"

Why do we need the Water Wizard? Water is a precious resource: Less than 3 percent of the world's water is fresh (drinkable), and most of it is frozen in the Antarctica, Arctic and glaciers. Humans are misusing and polluting water faster than nature can recycle and purify water in rivers and lakes. Using water smartly can help ensure that we continue to have clean water to drink, wash and stay healthy. You can save water by taking shorter showers, turning off the tap when brushing your teeth, installing a low-flow toilet, and many other ways. You can also help protect water by avoiding plastics, which often end up in the ocean and kill seabirds and marine life. Each year, a staggering eight million tonnes of plastic end up in the ocean — equivalent to a full garbage truck dumped into the sea every minute.

Learn more about why the Water Wizard cares about *SDG 6: Clean water and sanitation* and *SDG 14: Life Below Water*.



ENERGY EXPERT

"Never wastes electricity, and always turns off the lights when they're not needed"

Why do we need the Energy Expert? The energy sector (electricity, heat, and other energy) is the largest contributor to global greenhouse gas emissions, responsible for about 35 percent of total emissions. Electricity drives our lifestyles. Although some 790 million people in the world still lack access to electricity, for the rest of us, everything from a computer to a television and a refrigerator needs energy. You can save electricity by plugging appliances into a power strip and turning them off completely when not in use. By turning off your lights and using energy-efficient lightbulbs, you can also reduce your energy consumption and save money. Most of our energy is still produced using fossil fuels such as coal, oil and gas, which cause large amounts of greenhouse gases. Encourage your parents to switch to energy from sustainable, renewable sources, such as wind or solar. And travel less, or bike, walk or take public transport, since cars and airplanes also need energy and are mostly running on fossil fuels causing harmful emissions.

Learn more about why the Energy Expert cares about using clean energy and *SDG 7: Affordable and Clean Energy* [here](#).



FUME FIGHTER

"Defender of clean air and protecting the atmosphere from bad fumes"

Why do we need the Fume Fighter? Nine out of 10 people around the world breathe highly polluted air — due to pollution from factories, households and cars. The World Health Organization found that 90% of the world's population lives in areas where the level of pollutants exceeds recommended limits, especially in cities. And although cities occupy just 3 percent of the Earth's land, they account for 60-80 percent of energy consumption and 75 percent of carbon emissions. People and governments are working every day to come up with innovative and sustainable solutions to improve our cities. Develop a vision for your building, street, and neighbourhood that would make it cleaner, greener and more sustainable, and act on that vision. The better the conditions you create in your community, the greater the effect on everyone's quality of life!

Learn more about why the Fume Fighter cares about the air we breath and *SDG 11: Sustainable Cities and Communities* [here](#).

8 SDGs SuperHeroes: Truth Talker, Veggie Indicator, Recycle Ranger, Green Guide, Fashion Fixer, Water Wizard, Energy Expert, Fume Fighter



TRUTH TALKER

1. Truth Talker (Spreading Climate Awareness & Combating Misinformation)

Global Challenges:

Misinformation on Climate Change — Many people don't believe in climate change or spread false information.

Solution: Use fact-based resources like NASA's Climate Change website and UN reports to debunk myths.

Low Youth Engagement in Climate Activism — Many young people don't realize their power to advocate for change.

Solution: Start climate clubs in schools or join global climate movements.

Lack of Representation in Climate Discussions — Marginalized communities often lack a voice in climate talks.

Solution: Promote storytelling from affected communities through social media or school projects.

Political Inaction on Climate Policies — Governments are slow to implement climate laws.

Solution: Encourage youth to write letters to local politicians or sign petitions.



VEGGIE VINDICATOR

2. Veggie Vindicator (Promoting Sustainable Diets)

Global Challenges:

High Carbon Footprint of Meat Production – Livestock farming releases significant methane emissions.

Solution: Promote “Meatless Mondays” or plant-based meal alternatives.

Food Waste in Households & Schools – Wasted food contributes to unnecessary emissions.

Solution: Encourage portion control and composting programs.

Deforestation for Agriculture – Forests are cut down for livestock grazing and crops like soy (for animal feed).

Solution: Support sustainable farming and plant-based proteins.

Overfishing & Unsustainable Seafood Consumption – Some fish species are overharvested, harming marine ecosystems.

Solution: Educate on sustainable seafood choices like MSC-certified products.



3. Recycle Ranger (Reducing Waste & Promoting Recycling)

Global Challenges:

Low Recycling Rates in Many Countries – Many people don't recycle properly.

Solution: Start school-wide recycling initiatives.

E-Waste from Old Electronics – Many devices end up in landfills.

Solution: Promote e-waste recycling and repair programs.

Single-Use Plastics Overuse – Plastic bags, straws, and cups contribute to pollution.

Solution: Advocate for reusable alternatives.

Food Packaging Waste – Excess packaging creates unnecessary waste.

Solution: Support bulk buying and sustainable packaging.

Lack of Composting for Organic Waste – Food scraps often end up in landfills.

Solution: Promote school and community composting programs.

Illegal Dumping of Waste – Some communities face pollution from improper waste disposal.

Solution: Organize clean-up drives and awareness campaigns.

Lack of Awareness on Biodegradable Alternatives – Many people don't know about sustainable options.

Solution: Educate about biodegradable cutlery, packaging, and waste.

Waste in Public Spaces – Littering remains a global issue.

Solution: Start anti-litter campaigns and encourage responsible disposal.

Lack of Government Policies on Waste Reduction – Some places lack laws against waste.

Solution: Advocate for local recycling laws.

Lack of Incentives for Sustainable Products – Green products can be expensive.

Solution: Encourage brands to offer discounts for sustainable choices.



4. Green Guide (Protecting Forests & Biodiversity)

Global Challenges:

Deforestation for Urban Expansion – Cities expand, cutting down forests.

Solution: Advocate for urban green spaces and tree-planting programs.

Illegal Wildlife Trade – Animal poaching harms biodiversity.

Solution: Support conservation organizations and educate on wildlife protection.

Lack of Green Spaces in Cities – Many urban areas lack parks and trees.

Solution: Promote urban tree-planting and rooftop gardens.

Loss of Pollinators (Bees & Butterflies) – Pesticides and habitat destruction reduce pollinator populations.

Solution: Create bee-friendly gardens and reduce pesticide use.



5. Fashion Fixer (Sustainable Fashion & Waste Reduction)

Global Challenges:

Fast Fashion Waste – Clothing production creates huge environmental damage.

Solution: Encourage second-hand shopping and sustainable brands.

Microplastics from Clothes – Synthetic fabrics release microplastics into the ocean.

Solution: Promote natural fiber clothing and washing filters

Unethical Labor in the Fashion Industry – Many brands exploit workers.

Solution: Support ethical fashion brands and educate consumers.

Excessive Textile Waste – Millions of clothes end up in landfills.

Solution: Organize clothing swap events and textile recycling programs.



6. Water Wizard (Saving Water & Protecting Oceans)

Global Challenges:

21. **Water Waste in Homes & Schools** – People leave taps running or overuse water.

- **Solution:** Promote water-saving habits like turning off taps while brushing teeth.

22. **Plastic Pollution in Oceans** – Marine life suffers from plastic waste.

- **Solution:** Support plastic bans and encourage reusable bottles and bags.

23. **Droughts & Water Scarcity** – Many regions experience severe water shortages.

- **Solution:** Promote rainwater harvesting and efficient irrigation.

24. **Coral Reef Bleaching Due to Climate Change** – Warmer waters harm reefs.

- **Solution:** Educate on ocean conservation and reduce carbon footprints.

7. Energy Expert (Saving Energy & Supporting Renewables)

Global Challenges:

17. **Excessive Energy Consumption in Homes** – Many people waste electricity.

- **Solution:** Encourage LED lighting, smart thermostats, and unplugging devices.

18. **Low Investment in Renewable Energy** – Many areas still rely on fossil fuels.

- **Solution:** Advocate for solar panels in schools and homes.

19. **Inefficient Building Designs** – Many buildings waste heat or air conditioning.

- **Solution:** Support energy-efficient insulation and eco-friendly designs.

20. **Lack of Access to Clean Energy in Developing Countries** – Some areas lack electricity.

- **Solution:** Support solar-powered community projects.

-



ENERGY EXPERT



8. Fume Fighter (Reducing Air Pollution & Carbon Emissions)

Global Challenges:

9.High Carbon Emissions from Cars – Fossil fuel-based transport is a major contributor to air pollution.

Solution: Promote biking, walking, or public transport.

10.Industrial Air Pollution – Factories emit harmful pollutants.

Solution: Advocate for cleaner energy sources like solar and wind.

11.Burning of Fossil Fuels for Electricity – Power plants still rely on coal and gas.

Solution: Encourage the use of energy-efficient appliances and renewable energy sources.

12.Indoor Air Pollution from Wood-Burning Stoves – Many rural areas rely on wood or charcoal for cooking.

Solution: Promote clean cookstove initiatives like solar or electric cooking.



Booth 2: 投沙包遊戲

傳統夜市小遊戲，每個人有五顆沙包，看看誰分數高，就能兌換不同獎品。小朋友玩得不亦樂乎，連老師們也躍躍欲試，對於台灣小零食也讚不絕口。

Booth 3: 乒乓球投杯

台灣傳統小遊戲，每個人有5次投球機會，看看誰投進最多顆乒乓球，就能兌換不同可愛獎品或是戳戳樂。

Booth 3: 硬幣平衡遊戲

台灣味傳統小遊戲，雙方輪流在紙巾上沿著硬幣將紙巾燒破洞，看誰把硬幣掉入杯中就輸了，輸贏通通有獎。



禮物小舖

闖關完成的小朋友都可以到這裡換購小禮物。我們準備了各式台灣小點心和濃濃台味的小玩具，戳戳樂、捏捏小物、足球巧克力、乖乖、麥芽餅乾、義美軟糖、旺旺仙貝。也一一介紹這些台味小零食的文化。

Football Chocolate
Taiwanese traditional football chocolate (77足球巧克力) was made back in the 1980's.

Probiotic Gummies

I-Mei Probiotic Gummies are a health-conscious snack, and is well-known and trusted Taiwanese food brand. What sets them apart is that they are fortified with probiotics—beneficial bacteria that support gut health and digestion.

Black Sugar Malt Candy Cookies (麥芽黑糖夾心餅乾)

Is a traditional Taiwanese treat known for its rich, nostalgic flavor and chewy texture. This snack is often handmade and popular at markets and traditional festivals, loved for both its taste and its connection to childhood memories.

“Wang-Wang” Crackers

This cracker is a Taiwanese traditional cracker. The words “旺旺” means lucky in Chinese. (旺旺仙貝)

“Guai-Guai” Snacks

(乖乖之科技奇蹟)

Is a popular Taiwanese snack made primarily from puffed corn.

Beyond being just a snack, Guai Guai also holds a special cultural meaning in Taiwan.

In Mandarin, “乖 乖” means “well-behaved” or “obedient,” so it's often placed near machines like servers or computers to “encourage” them to function properly and not break down. ^_^
It's a playful superstition that blends humor with tech culture, especially common in workplaces, labs, and server rooms.



感謝

台灣駐帛琉大使館-黎倩儀大使
接待參訪團 & 親自主持簡報圓桌會議



黎大使親自向參訪團員們介紹帛琉的歷史背景、政治體制與社會文化，說明台灣與帛琉的邦交關係發展歷程，以及雙方在農業、醫療、教育、水產養殖等領域的合作成果，分享駐外外交人員的日常工作内容與挑戰，鼓勵青年理解國際局勢變化。





黎大使也鼓勵青年理解「民間外交」（Public Diplomacy）的重要性，強調青年是台灣在國際社會中建立形象的重要力量。

最後，黎大使勉勵同學們將參訪所見所學轉化為行動力，成為推動國際理解與合作的未來領袖。



黎大使特別鼓勵青年高中生們應該多**拓展國際視野**，培養跨文化溝通能力，未來成為推動世界合作的新力量。

交流結束後和親切的黎大使合影留念。大使親自為每位高中生授證，並贈送限量獨家的大使館紀念品“台灣帛琉友好運動巾”。

ICD Youth Club也準備了社團的義賣紀念衫和帆布包、台灣鳳梨酥、日月潭紅茶和咖啡禮盒回贈，感念大使和同仁們的熱情招待，與會家長和團員們都十分感動和感謝。



感謝

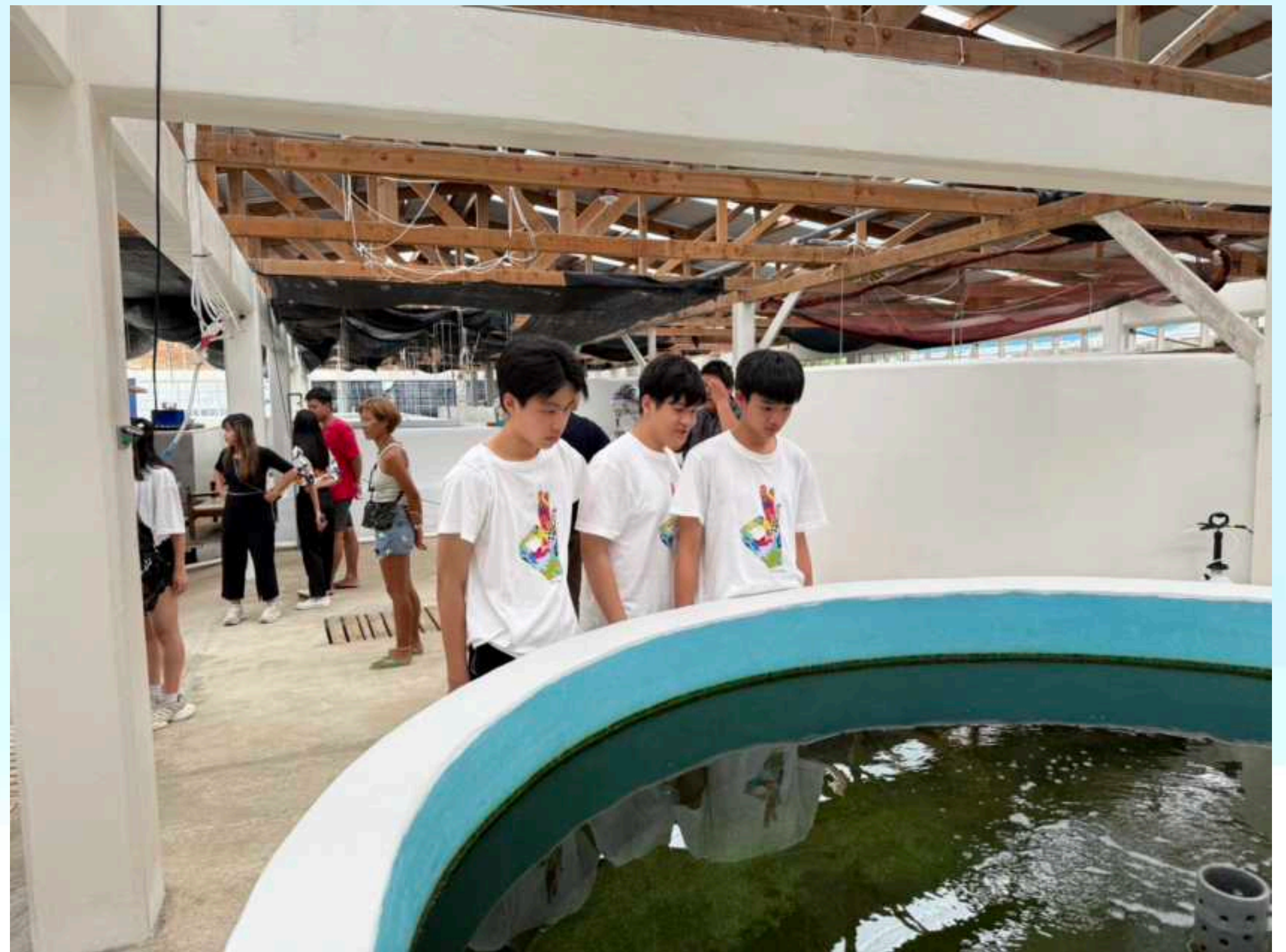
帛琉國家水產中心 & 蔡團長

(Palau National Aquaculture Center)

和技術團專家們 精心規劃和詳盡的解說導覽



- 蔡團長帶領我們參觀台灣帛琉水產中心，在技術團專家和工作人員的帶領下，ICD Youth Club高中生代表團進行了專業參觀。
- 首先由中心的專業技師們進行簡報，介紹帛琉水產中心的設立背景、技術來源（台灣支援項目）、以及目前主力推廣的魚種與育苗技術。
- 實地參觀了包括石斑魚、海參、龍膽石斑、臭肚魚、虱目魚等等各式養殖水產。



- 了解不同魚種對於水質、溫度、飼養密度等條件的不同需求，以及如何在帛琉的海水環境中成功育成。





- 參與了臭肚魚苗放流活動，親自將培育成功的幼魚放回自然海域，象徵生態永續與資源再生。
- 全程由技術人員解說養殖與放流過程中生態保護的重要性，並強調永續捕撈與棲地管理的理念



- 透過此次水產養殖中心的參訪，我們不僅了解了台灣在海外推動水產技術的具體成效，也實際感受到科技與自然共存的挑戰與美好。
- 尤其在親手參與臭肚魚苗放流時，深刻體會到，每一條小魚背後，都是技術人員數月細心照料與研究的成果；同時也意識到，在海洋資源日益枯竭的今日，青年世代更應關心生態保育與食物來源的永續性。
- 這次經驗激勵我們思考在未來如何將科學知識應用在保護自然、幫助地球永續發展的實踐行動中。



三、參訪行程之學習成果與反思

- **國際視野提升**：透過親自觀察與互動，學生更理解台灣對於友邦國家發展之各種援助背後的專業與影響力。
- **永續意識深化**：農業與水產示範場的經驗讓青年思考如何結合技術與環保，在實踐聯合國永續發展SDG目標之下，創建台灣的與友邦的互助合作情誼。
- **文化交流能力強化**：與當地學生的互動，強化了對於同屬於海島國家背景之永續發展認知與文化同理心。
- **外交理解加深**：透過大使館交流，青年高中學生對國際關係與台灣的國際地位有更具體認識。

四、後續預計與國合會合作之計畫

- **2025年預計與國合會TaiwanICDF合作，提供邦交國之國小教育關於環境科學和聯合國UN的永續發展目標SDGs的協助推廣，將相關知識向下扎根。**
- **推動國際志工培訓計畫，積極進行募款計畫，預備招募更多高中生青年參與台灣國際合作之任務。**

THANK YOU !!

2025 第一屆國際合作發展青年 (ICD Youth Club)
領袖帛琉參訪團圓滿完成，感謝國合會
TaiwanICDF 所有參與同仁和台灣駐帛琉大使館-
黎倩儀大使的協助，由衷謝謝您們傾全力促成這段
珍貴的學習旅程！

這段旅程我們看見了台灣溫暖的力量，邦交國之技術援助不僅是資源的輸出，更是一場跨文化、跨領域的雙向學習。雖然還是高中生的我們，相信透過拓展國際視野的志工參訪活動之參與和理解，我們已經開始踏上了改變世界的起點。

by Annabelle Huang

